

CENTRE-FOLD



Rachel Pastel
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Hi, I'm Rachel and I'm a TGirl from the north-eastern U.S.

For me, this TGirl thing can be traced back to my early teenage years. I am now 40+, so that's quite a ways back lol. I had this thing for looking at girls in the lingerie section. I loved looking at girls in bras, panties, and slips. I was lucky enough to have an older sister who had some lovely nylon panties, lacy slips, and pantie-slips. One day I went through the laundry hamper and discovered a pair of her rather delicious mint green nylon panties with lace appliqués on the sides. Fondling them was fun and exciting. I couldn't seem to help myself and I found myself slipping them slowly up my legs. I was wearing my sister's panties!

That one event started a continual desire to wear her panties. It was, at the beginning, sexually exciting. A year or so later, I went to a local department store, mustered up all my bravery, and bought my first very own panties. I couldn't wait until I got home to try them on. I finally got home and tried on my new panties and the reaction was almost instantly rewarding shall I say.

From age 14 until my mid-20's, I wore nylon panties under my clothes more than guys' underwear and added pantyhose too. In my late 20's I started wearing a bra most of the day ...



even to work! As I say in my bio on my website, starting to wear a bra really began the awakening of being a TGirl for me. No longer was I wearing a bra and panties for sexual excitement, but it was to feel more feminine. I started buying skirts and dresses in my late 20's and experimented with make-up.



My 30's found me becoming more and more feminine. I wanted to go out as a girl, but always seemed to lose my courage. Dressing was limited to hotel rooms and my first pictures show that. I had been all made up and dressed as Rachel with my hand on the doorknob of my hotel room wanting to go out, but so many times I



backed off. Finally, one day I touched the doorknob of my hotel room in Burlington, Vermont and said to myself, ok this is it ... enough with being frustrated and scared, its time to be me. I ventured out in the hallway after carefully making sure no one

was coming and stepped out and let the door close behind me. I slowly walked down the hall and outside. We all have had that feeling who have been out as girls ... there's nothing quite



like it. So exciting, so fulfilling, and yet scary too.

For anyone who is still "in the closet", I strongly suggest you venture out even if it's for just a few minutes. You will feel so happy and have an inner peace that is fantastic. For any of us that consider ourselves TGirls, the feminine part of you cannot ever be fully denied. You may try, but you really will have no great success in ignoring this part of you. It's what makes us unique and very special. Embrace being a girl and have fun with it!

I am not in the mainstream of society as Rachel yet, but hope to be someday. I have gone out many times ...



mostly to TGirl meetings or TG-friendly places. I have gone to stores shopping as Rachel, but want to get comfortable with going to restaurants and other places as a girl. I'll get there!

For now, I'm single and strongly attracted to genetic girls. I must admit an attraction to other TGirls as well. I do not have an attraction to guys, at least not yet. I do fantasize about going on one date with a guy sometime to be treated like a girl (nothing sexual

though). I would describe myself as an old-fashioned kind of girl with a sensual side. I value people who are open, honest, and sincere. I love making new friends and helping the TG community whenever possible. We are a terrific group of people and all societies should take the time to get to know us!

Be happy with yourself and be happy being a girl!!!



Rachel Pastel 🌹