



Lipstick & Lace

**Shandi...
a movie
star?!**

**More
inside!**

Inside this issue:

Presidentially Speaking!	2
Shandi's Corner	3
Events & Meetings	4
Out & About Shopping	6
How I Told My Wife!	8
Recent Event Photos	10



Presidentially Speaking

As we patiently watch the snow melt away, I'm sure you are all looking forward to the sunny spring weather as I am. Soon we can finally shed the heavy outer-wear and boots in favour of simply enjoying our "Girl Time" wearing our favourite dress and heels!

It's great to see so many new members of Masquerade coming out to our meetings and events. We welcome you to our group and do hope you find that being a part of our "Sisterhood" is a rewarding experience.

Just like sharing with "Sisters", with Masquerade we have a wonderful opportunity to learn more about ourselves simply by meeting people who share the same feelings, have the same questions and who have overcome all the same fears that we grew up with.

I know for myself, that the more I met with and talked with the Girls of Masquerade, the more comfortable it felt just being myself. That wonderful feeling of "I belong here!"

I do remember that feeling of "Will I fit in?" If that is something that you are wondering, the answer to the question is "Yes!"

By the time this issue is published we will have had our discussion about overcoming the fears of walking out the door.

For many of us it was finally taking that first step, to get to know someone, one person who had been there before. Who had "walked the walk." Someone who

could share the feelings of what acceptance felt like. Enough to let us know that it really is OK to be ourselves.

If all it took for many of us was taking the step to meet just one person who helped us begin our journey, think of what we can do as a group!

Aside from group discussions at our monthly meetings I encourage you to share stories of your experiences with one another at our meetings, parties, events, here in the

newsletter or on Masquerade's new message board.

I believe it is this sharing that gives each of us the strength to stand up and "be" proud of who we are.

To quote an e-mail we received from a web site visitor....

"Have learned volumes reading the profiles of the different girls. They all Look Great Each is different. Most important. God don't make junk"

Missie, Virginia Beach VA

Our discussion topic for our May Program and Social evening will be the perfect setting to ask those often thought of "What To Wear?" and "Where To Shop For What?" questions. So make a list and get your questions answered!

Oh...and it might just mean you'll want to go shopping. But we bet nobody will have to twist your

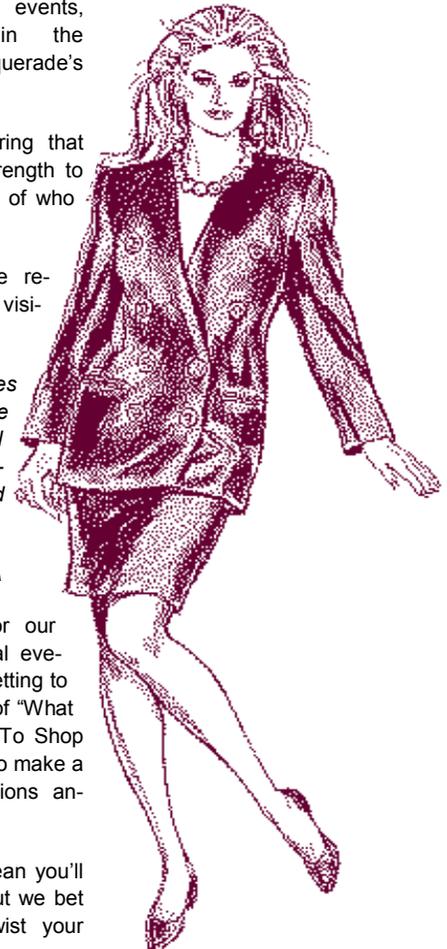
arm!

Keep an eye on our web site calendar and Lipstick & Lace for events that are being planned this year. They are posted well in advance of the dates so you can make plans ahead of time too.

Please keep in mind that if you want to attend an event and need a place to change, don't know how to get there, don't know where it is, don't want to have to go alone, or just need to make arrangements, don't hesitate to ask for help.

Happy Spring Shopping!

Sabrina



I do remember that feeling of "Will I fit in?"

Shandi's Corner

Last issue I pointed out the importance of acceptance to us. I have been a firm believer for a long time that we are our own worst enemies when it comes to this part of ourselves.

It is very difficult to expect others to accept something, when you yourself can not. Honestly, liking to dress in the clothing of the opposite gender is no different than liking or disliking certain foods, colours, styles, or even brussel sprouts. You just simply do, or do not for your own reasons. But the fact that this deals with gender and the fundamentals of human relationships makes a lot of people uncomfortable. After all have you ever felt uncomfortable telling someone that you dislike brussel sprouts? Probably not. Have you ever told someone you like pink? Probably not. Why? Because you are conditioned that pink is a feminine colour, and have been since birth. But I have seen many men wear pink ties or shirts when they are in style. They are apparently comfortable doing so, and I hope they were honest if asked about it.

Honestly, until recently I never liked pink either. I now wear it, I've learned to like it as a girl, but still don't think I would wear it as a man.

So what does it take to accept yourself? That ladies is a question that everyone, crossdresser or not, everyday tries to answer, no matter how confident they may

appear. I am a firm believer than the more macho the man, the more he tries to fit in with "the guys" the more insecure he is about his own self perceived weaknesses, and how his buddies will tease him if they find out. That is after all the

way men evolved socially by weeding out the weakest and keeping them in their place by either forcing



them to join and keep up, or keeping them ostracized and putting them down.

Now in today's day and age a lot of us have learned that many traditionally female roles and duties are necessarily interchangeable with ours. Women today work just as hard, if not harder than we do and if the home is to function they need help from the other half of the team. So their spouses have to learn to take on the required responsibilities including nurturing, or the family fails.

I see myself as a prime example of this. I tried to be "one of the guys", and my previous marriage was a disaster from day one. I tried to adapt, but it did not help. My current relationship as many of you know is probably one of the best going. Because I am honest with

myself about who I am. It wasn't easy. In fact, it took me a long time to accept the fact that Charm accepted this and a lot of souls searching to get to the person I am today. I have learned to accept this part of me along with all of my many strengths and weaknesses, masculinity and femininity and try to balance them as best I can. It's not always easy, but it's me. I try to always remain true to myself, something that has taken me my entire life to learn.

As evidence I offer the following. After fifteen years of shared custody with my ex, both of my now teenage daughters, whom many of you know, have chosen to live with me, my youngest just recently. They know and accept my girl side and the friends I've made because of it. In fact my youngest and I were discussing the fact that we used to hide the photos of "me" when her friends come over. We did this to save her potential embarrassment. She told me the last time a friend came over that she did not think we should, and that if her friends don't accept it, they don't deserve to be her friends. And that it was harder on her to have to hide this. Two friends are now aware and nothing has gone wrong. My elder daughter has a friend "in the know" who thinks this is "cool". So needless to say I am happy, and proud of both of them. They are growing into the intelligent strong people I hoped they would be. It wasn't always easy, but it worked.

In the words of Steven Wright, "*If you want the rainbow, you've got to put up with the rain.*" So you may not like getting wet, but once you learn to accept it, you can look forward drying off under the beauty of a rainbow.

Luv always,

Shandi

"If you want the rainbow, you've got to put up with the rain."

Upcoming Events!!

Hey Girls! You don't want to miss out on these!!

April 16th - Fundraiser to help the aim of the House of Hesed, a transition House for men and women living with HIV/AIDS. The House of Hesed is a non-Profit organization whose mission is to provide a home while actively and Compassionately promoting the physical, emotional, social, and spiritual quality of life for persons affected by HIV and/or AIDS. "A Bunny Hoppin' Social" will be held on Easter Sunday, 2006 at Club 200, 190 Garry St. During our event we will be having a late night Easter-themed buffet, entertainment from some of Winnipeg's most prominent Performers, as well as a silent auction, which include donations from Club 200, Harlequin's, Shoppers Optical, and more. Tickets are available at Club 200 for an advance price of \$6.00 until April 15th, after which Ticket pricing will be \$8.00 at the door.

April 22nd - games night - location and time TBA

May 6th - Masquerade Girls Gone Wild dance night - wear wild leopard print skirts or zebra striped shoes or whatever could be considered wild to dance and party like you never have before. location @ Gio's 10 pm

Also May 6th - Swerve's Retro Party V, our almost annual fundraiser, will return on Saturday, May 6 from 8:00 pm until 1:00 am at the University of Winnipeg Bulman Centre, 515 Portage Avenue. Tickets are just \$10 and should be available by April 15. Ticket outlets TBA. You can reserve yours by emailing us at swervemedia@mts.net or calling 942-4599. Tickets will not be available at the door, so get yours in advance. There will be a silent auction and buffet. DJ Wokker will return with hits from the 70s, 80s, and early 90s. Money raised goes toward the costs of producing *Swerve* and will help cover the costs of our legal fight with CanWest.

Hope to see you there!

Upcoming Meetings!!

May 9, 2006—Dressing Theme-"Short Skirt Season"

Meeting Begins - 7:30 PM

Program - 8:00 PM

An evening of Girl Talk about our favorite topic "Shopping & Fashion"!

We'll share our ideas about "What to Wear with What", how to "Shop for that special outfit" and share our experiences about shopping in drab and en femme.

Make-up/Dressing tip of the month -Wearing short skirts "Without" shaving your legs. 2 easy answers!

Membership attendance draw -Gift Certificate for Lady Godiva Boutique - "Mary Money"

Magazine Swap - Bring your old "Girl stuff" magazines to swap with other girls!

June 13, 2006 - Theme TBA

Meeting Begins - 7:30 PM

Program - 8:00 PM

Still to be confirmed, we are hoping to have a guest speaker out to talk with the group about electrolysis.

Make-up/Dressing tip of the month -A simple way to create "The Right Shape"

Membership attendance draw -Gift Certificate for Lady Godiva Boutique - "Mary Money"

Magazine Swap - Bring your old "Girl stuff" magazines to swap with other girls!



Where the Girls of
Masquerade Shop!

Lady Godiva Boutique
Lingerie - Adult Toys - Lotions

832 Corydon Avenue, Winnipeg, MB, Canada R3M 0Y2 Ph: (204) 452-1100 Fax: (204) 453-7758

Enhance your feminine mystique at



<http://stores.ebay.com/Brendas-Closets>

Or www.brendasclosets.com

Friends of "The Girls of Masquerade!"

Out and About: Shopping!

Hi everyone. I am writing this article in regards to shopping. I am a big sister with another very large support group here in Alberta, and proud to be a member of Masquerade too! I will not mention their name, however, I am asked all the time where to find a tg friendly store. Where can I go in town and do I know of a tg friendly store in such and such city. The answer to this question is they all are. I have never run across a ladies boutique or any other department store that isn't. Store owners do not care who they sell to. They are only interested in one thing and that is their bottom lines. Your money is as good as anyone else's.

Yes, some boutiques will not allow you to use their fitting rooms because they are not set up to accommodate us. The majority of their customers are women and they don't want to upset them.

It is not against the law to buy from a ladies boutique. However, when you do decide to shop know your size. Find out What their return policy is and buy what you want and try it on at home. If it doesn't fit take it back either for a refund or a larger size.

I have also heard that some of us ladies go into stores and when asked by the sales clerk if they can help, they say "I am looking for a dress or something for my wife or girlfriend." My answer to this is who are you fooling? Your body language will give you away! Sales clerks are there to sell they do not need to know who you are buying for. It is none of their business. Just say I am looking for a dress or whatever in this size. They will most likely help you without any issues.

I have gone into a shoe store in Calgary called Tall Crest, I was with my wife and when the manager asked if she could help I said I am looking for a shoe in size 13 with a 1 1/2 inch heel. She

looked at me and told me that they have male customers that come in all the time. I picked out the styles that I like and she asked me if I would like to try them on. I said yes, even though I was in boy mode at the time. I had pantyhose on under my slacks. I tried on three different styles and bought two pair. I spent over \$200.00! I was treated just like any other customer and that is all I wanted.

I also needed a new wig since the one that I had was cheap and needed replacing This year we went out wig shopping in February I bought a wig at a strip mall in Calgary. My wife was with me at the time so that I would get the right style and color that looked good on me. The owner knew that I was tg and he didn't care. He also took down my name so that he could let me know when new colours and new styles came out. Will I go back? You bet I will!

Just before my wife and I were going to Denver in 2003 for a convention we went out girl shopping and went into a ladies boutique in Calgary and bought two new outfits there. In that store the fitting rooms are large enough for both my wife and I. We tried on the outfits that we wanted and nothing was said by the sales clerk she just kept handing us different items. She didn't ask us why we had two different sizes and we had spent over \$800.00 dollars there!

A lot of sales people are on commission and the more that they sell the more they make. I have walked into department stores to buy ladies underwear and have never been asked why I was buying them.

Remember one thing we are sometimes our own worst enemy. We worry what other people will think. We worry what will happen when we go out en femme. Most of the time nothing will happen. Yes, some people will look and some

may smile, so what. Just smile back and keep on walking. Yes you must be careful. So do real women. It isn't against the law to walk in public en femme. It is against the law to use a disguise to break the law but that is all.

Also remember according to the research that I have read, you like me where born tg you didn't wake up one morning and say I think I will be a cd. This is no fault of yours or your parents it just happens. Be proud of yourself. You only have one life to live so live it and enjoy it.

Hugs *Christina*

From Christina Lynn Brown at

christinabrown2@yahoo.com





A Special Thrill?

One good thing I find about winter is that I can wear lingerie under my drab attire and not get noticed because of the bulk.

I had just bought a new bra, slightly smaller than usual, as I was trying to make the body fat under my arms pull forward to fill in the bra. This day was a little warmer for winter and I did not feel the need to put on as many layers as usual, so I just had a sweatshirt on over my new bra, which has push up pads. I didn't think I was 'presenting', and forgot to wear an extra shirt.

Well I went to the job centre and took off my coat which is something I normally don't do if I am wearing a bra when I go there, but this time I had forgotten my attire and began using a computer. Every time I got up to go to the printer I noticed this young guy staring at me, I was getting unnerved as this happened three or four times, and I was beginning to find his attention rather annoying and rude.

I was thinking that I may have had Kleenex stuck to my face or something, so I went to the washroom and when I looked in the mirror I could see the two lumps that are usually hidden under bulkier clothing. Now began to understand the staring. I made an adjustment and bulked up my sweatshirt some and then I carried papers in front of my chest to cover up. I went back to the computer and got up less.

Normally I have a bad habit of not looking people in the eye when I deal with them, especially shopping for girls stuff. I don't want to raise questions or to be noticed, I find I am not remembered if I am invisible. So if I am stared at I fight the urge to say "WHAT?!" Real defensive.

I was assuming also that the young man in the row behind me and a seat to my right, could see my computer screen, and that I was not on a job site but in fact was where I

shouldn't have been like a TG site or the Masquerade site.

I haven't worn a bra outdoors since the incident especially to the job centre, I am also afraid that they may put a hand on my shoulder or back like "nice job" and feel the straps. I can't help but wonder who would have the reddest face then?

I do enjoy going out with my lingerie under my clothes, as I'm sure many of you do. No one knows my secret, it's my special thrill.

Hugs

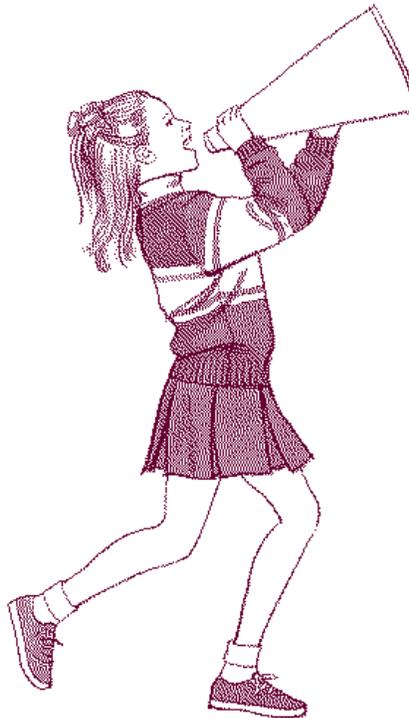
Danielle

Praise for Masquerade!

Here is a Guest Book entry from the Masquerade web site.

Name - AJ City - North Carolina

"Have been reading your site for that past hour (stumbled upon it during research) and I have to say your bunch seems great! I applaud your efforts for providing a safe, fun environment for the CD community. You seem like a supportive and smart group of individuals; I wish I had friends like you! (For the record: I was born female, but I think some of you have femininity down better than me!)



I printed out the March newsletter for the Centre here... and I just wanted to let you know I absolutely LOVED it. I thought there was great variety of the articles and I just thought it was the best one yet. I really enjoyed reading it and I'm sure the other kids around here will too...

Normally, people only write when someone's done something wrong... So I just wanted to make sure I sent a quick note when I think something's been done right. :)

That's all! Keep it up

Craig

McGill University GLBT Resource Centre

How I Told My Wife!

The best attitude is to tell the truth and the best time is Halloween. It happened to me at Halloween 2004 that I told my wife that I would like to dress as a woman to answer the door during trick or treat. She cooperated without hesitation and we started to gather out some clothes that would fit me. She was analysing my enthusiasm for the transformation. She did not say a negative word. Soon the trick or treat time came along and I was answering the door with my best female voice.

A few days later there was a series on the national network called "Call Girl" and we decided to watch this series every week. After the third week she asked me the question "Do you like to dress as a woman?" I answered affirmatively and then a whole bunch of questions came along. "Are



you gay? Will you want a sex change?" Etc... You have to be well documented and prepared to answer these question without hesitation. I did and I told her that I do like to dress occasionally but I also enjoy being a man.

She has accepted my occasional transformations, once every couple of weeks. Going out dressed however would be a totally different thing. We do go shopping together for my clothes, under garments and shoes. My wardrobe is getting bigger than hers, but she does not complain.

I like to dress my own age since I am not in my 20's anymore. The make up and the wig suits me fine and it looks realistic. The style of my clothing remains likewise natural and I choose not to have 42 DD breasts with a tight sweater and very

high heels. I feel this is not proper when your age is close to 60. I try to remain natural with nice colourful dresses or blouses.

I am to the point of going out and I started to post my picture on the Masquerade website and meet some girlfriends on the Internet. One of them came to visit me and we had a good time taking pictures an exchanging make up and dresses ideas. I am not ready to go outside but would very much like to go out with some of the girls to a restaurant someday.

I am very honest with my wife, and she remains by best girlfriend.

Thank you for reading!

Lina

Our member from
Quebec!

Jessika Venom & John Jeffery
Productions Presents
**A BUNNY HOPPING
SOCIAL**
In Support of
The House of Hosed
Sunday, April 16th, 2006
Tickets \$6 In Advance or \$8 at the Door
All The Fun Starts At 6 p.m
Club 200 190 Garry Street!

Free Late Night Buffet!
The Latest Dance Hits
Silent Auction
Drag Show

HEY GIRLS!
SHOW YOUR SUPPORT!
GET YOUR
MASQUERADE PIN
TODAY! ONLY \$6.00!
AVAILABLE AT
EVERY MEETING!

Shopping at Redeemed?

I stopped in today at Redeemed. The staff there has always been completely respectful whether I'm there in drab or femme, so I thought I'd ask about their comfort level in dealing with crossdressers. They were pleased to see that I was wearing a pantsuit I bought there recently, and volunteered that they had recently received a great assortment of clothes in my size, so I felt comfortable enough to raise the topic.

Redeemed is a consignment store that carries a wide variety of good quality clothes (new or used) at excellent prices, and it gets a good variety of sizes. I talked to the owner a bit, and mentioned the club, which she had not heard about. She indicated that she holds after-hours private evenings for various groups, and suggested that she could put together one of those for us (as often as once a month if there was enough response.) She would close to regular customers, and would provide light refreshments (e.g., cookies); we provide the interested people and the good spirits. If we tell her ahead of time what kind of fashions people would likely be interested in, and approximate size ranges, then she will put some things aside and make sure she knew where appropriate items were. Thursday evenings

are the best for her, but other weeknights are possible; not Saturday (too busy) or Sunday (always closed). She will do this for us, but I would like to suggest that before we request that of her, that some more 'outreach' would be a good idea.

When I was talking to her, she was a bit taken aback at the thought of an organized group of men who wear women's clothes. It was definitely not a rejection: it was outside her experience, and she was a bit unsure of what to expect. Over the shorter term, a bit of reassurance that we are nice people who will be polite and appropriately modest (e.g., that we will use the changerooms.) Over the longer term, I think she would feel more comfortable if she had a better idea of what the club is about; e.g., expand on the theme of healing and peace by learning to accept ourselves.

Money is NOT her primary motivation, and any hint of "what do you care as long as you get paid" would almost certainly fail. But if she were to feel that she was helping us, she would likely be generous with her assistance. She mentioned specifically that she is a Christian, and that she prays over the clothes, and that she has a box of prayer requests there,

many of them for people with cancer or troubled marriages. She was not at all being evangelical or judgemental in saying that: she was just talking about her customer service philosophy. To put an interpretation on it: someone who takes "Love thy neighbour" seriously. Conversely, "Love thyself" would be important to her... and it seems to me that Masquerade has been great at helping people do that.

At the risk of repeating myself: I've gone in in drab and openly shopped for dresses etc, including showing her how it looked on me; and she and her staff (and her customers) were completely polite and helpful. (Which is different than enthusiastic.) What did make her uncomfortable was the time the German stripper changed right at the front counter embarrassing the [male] window washer. It wasn't that the woman was a stripper: she didn't feel it was appropriate to undress so openly. So, what say you good people? Listening to people's shopping anxieties, I suspect some of the members might be quite interested in a group private shopping evening.

Laura

Movie Star?

Hey girls! I just wanted to tell you of a recent experience I had, that was quite memorable! This past Monday April 3, I was an extra in a movie called "The Good Life", starring Bill Paxton (of Titanic, Aliens, True Lies, and more!) that is currently filming here.

The scene I was in involved a fantasy sequence in a gay bar where Bill's character is dressed as Judy Garland, and another character is introduced to this lifestyle by a friend.

There were about a hundred people required to be bar patrons. I had found out about the opportunity from a good friend Carolyn, and sent in a photo and resume. And then as luck would have it I got "the call".

Over all it was quite a long day, I arrived dressed and ready at 3 pm, and didn't get home until 3 am and I had to work the next day! But it was a good experience. I was happy to meet up with Michelle there, who as luck would have it lucked into the day off. She had had some previous work on other films as an extra. There were also a group of queens

and kings from the SOMS there as well.

We made some new friends too, as often there was nothing much to do but stand and talk with the people you were "acting" with between takes. I had a lot of fun with some really nice fun people. Bill Paxton even came over and introduced himself. He was very nice and has a fun sense of humour!

I was told by the girl who hired me that "anything goes", so in true Masquerade style I wore my shortest skirt, and a crop top! And because of it I was almost featured in the last shot with another girl, but the director changed his mind at the last minute, which is apparently quite common. But I did get a lot of fun attention due to my outfit! Never did I ever imagine that I would be in a movie, get paid to be a girl, or stand around for so long in heels! So here's hoping some of me ends up on the silver screen!

Luv *Shandi*



Michelle & I hanging with the extras!

Recent Event Photos!



Rhiannon, Liz and Martina pose on the dance floor!



Christie looking good!



Michelle, Sonya, Sabrina & Candace

*Girls,
just
having
fun!*



Ardra our librarian!



The audience for Library night.



Sabrina shows what we've got!



Rosalie at Chantal's Spring Tea



Chantal prepares the edibles!



Vanessa and the table of tasties!

Submit your stories and photos to shandi_strong@hotmail.com.

Every issue needs interesting stories and photos about our members and their own experiences!



EVENINGS > LATE NIGHTS > EVENTS

WEEKLY SPECIALS

MONDAY

Members Night - Really cheap drinks
(a valid 06 mbshp card must be shown)

TUESDAY

Sorry, we are closed

WEDNESDAY

Karaoke - Starts at 10:30
Great Prizes!

THURSDAY

* NEW * Gio's Hip Hop Night
Cheap domestic beer & bar shots.
DJ Ryan at 10pm

FRIDAY

All night fun, late night
dancing with DJ Danno

SATURDAY

Weekly events*

SUNDAY

We are open! 4 - 12 p.m.*

**from top to bottom...
we've become VERSATILE**

New colours, new meeting room, new attitude...
The first phase of our renovation complete...
We've come out of the shadowy darkness...
the possibilities, and we finally know who we are.
We're **MORE** than a club or bar. We **ARE** our members
and customers. We're Gio's... and we're **VERSATILE**.

WITNESS THE EVOLUTION
155 Smith Street Winnipeg, MB R3C 1J7
Ph: (204) 786-1236
visit www.gios.ca

SPECIAL EVENTS

SATURDAY, APRIL 1st

> **Womyn's Night** <
Everyone welcome, DJ Ian at 10pm

SATURDAY, APRIL 8th

> **SOMS ICP Ball** <
Protocall begins at 4pm, Show begins at 9:30pm

THURSDAY, APRIL 13th

> **FAKE Friday** <

A Friday night party on a Thursday! Dance the night away
with DJ Ryan. BAR CLOSED ON GOOD FRIDAY

SATURDAY, APRIL 15th

> **LADYFEST** <

A Gender Bender Cabaret Fundraiser. Show begins at 11:00pm

SATURDAY, APRIL 22nd

> **RPM Fundraiser** <

Help the U of M RPM raise some money for a GLBT
Services Conference. Door Prizes, 50/50 All beginning at 9pm

SATURDAY, APRIL 29th

> **Lumps & Humps** <
\$5 non-member cover - \$3 member donation
Hosted by Roxanne Stone. All proceeds to Gio's Cares
Show begins at 11:00pm

Masquerade

c/o Lady Godiva Boutique
832 Corydon Ave.

Winnipeg, MB R3M 0Y2

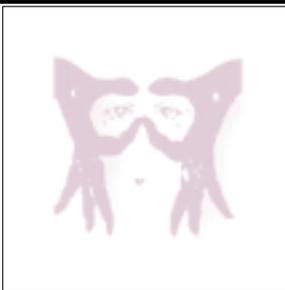
Phone: 204-452-1100

Email:

girlstuff@masquerade.ca

For the girl inside us all!

www.masquerade.ca



ABOUT MASQUERADE

*We are a FUN LOVING support group for
cross-dressers, and transsexuals.*

*Our purpose is for people with like/common interests to
associate and socialize.*

It is not for the purpose of soliciting or engaging in sexual activities.

*All gender gifted individuals, who are 18 years of age or older, and are
prepared to respect our bi-laws, are welcome.*

*Spouses and significant others are encouraged and welcome to attend
meetings and functions and join if they wish.*

We regularly meet the 2nd Tuesday of every month.

The meetings begin around 7:30 p.m. and go until 9 or 10.

Socializing and dancing are done afterwards!

*We endeavour to maintain a fun, friendly, laid-back atmosphere. We
are all there for the same reasons-a place to go to that is accepting,
private and relaxing. Change facilities are available. Dressing for the
first meeting or two is not required, but encouraged!*

Special Girls!

Happy Birthday!

Rachael - April 4

Linda - April 27

Paula - April 29

Legal Stuff: Lipstick & Lace is the official newsletter of Masquerade. Edited by Shandi.

All contents copyright 2006 by the club, with all rights returned to the contributors. Opinions in this newsletter do not expressly represent those of the club. Published utilizing Corel Word Perfect 8, Microsoft Publisher, and Adobe Photoshop Elements 3.